



Pain Management Agreement and Informed Consent

Please read all material very carefully and place a checkmark in the box corresponding to your answer to demonstrate your understanding. When you are treated at Fireweed Health Care you are agreeing to these policies.

Education: Some people may incorrectly believe that chronic pain can be successfully treated by just taking pills. Although medication is often helpful, it is rarely sufficient. Most patients need multiple therapies for best results. Multiple therapies may include different combinations of aerobic exercise, sleep correction, tobacco cessation, adjuvant medications, natural medications, topical medications, manual therapy including physical therapy, massage therapy, or chiropractic care, and many other kinds of treatment.

Check your understanding:

1. Chronic pain can always be adequately treated with medications as long as the dose is strong enough.
 True False
2. If a patient is not getting adequate pain relief, switching to a stronger medication should always be the first step.
 True False
3. For the best results, most patients with chronic pain will need multiple therapies.
 True False

Education: All therapies and medications have risks and benefits. Choosing the right combination of therapies and medication for your individual situation requires careful consideration. No medication or therapy will be implemented without your consent. It is important for you to make informed decisions. We will supply information and education and answer all of your questions. We also encourage you to become informed about your condition and treatment options by talking to your primary care provider, other specialists, relatives and other trusted advisers. We encourage you to access and review other information sources including trusted internet sources and reputable publications. Sometimes we will refer you to other providers for further evaluation or treatment. You may also request a second opinion. Ineffective medications or therapies will be discontinued.

6. If a patient experiences constipation, they are required to begin taking over-the-counter medications to restore normal bowel function and to report to their provider promptly if there is no improvement.

True False

Education: Now we are to review some basic rules that must be followed. Failure to follow these rules may require a change to your treatment plan or a discontinuation of treatment. Please initial after each item on the line provided to indicate you have read, fully understand and agree to the following conditions of treatment:

1. Protecting and safeguarding your medication is required. We highly recommend lockboxes for this purpose. You can never allow your medicine to go to any other person, either willingly or by loaning, sharing or leaving your medicine where it can fall into the wrong hands, including guests in your home or strangers in public. This also includes safeguarding children and pets from accidental exposure to any of your medications. _____
2. You may quit taking any medication or reduce the dose without permission, but you CANNOT increase the dose or frequency without express permission from the provider BEFORE making any changes to the way you are taking the medication and the way it was prescribed to you.

3. You must come in to be evaluated on a regular basis, provide a urine specimen when asked (without leaving the office and sometimes under observation), and come in for a pill count on the day requested if asked to.

4. You must not use any illicit, unprescribed substances or outdated/old prescriptions.

5. You must not become pregnant while we are treating your pain. If you are attempting to conceive, or not taking precautions to avoid pregnancy, you must inform us. If you become pregnant you must inform us immediately.

6. You should not drive after starting any new medication or after any dose increase until you have used the medicine or new dose for long enough to see how you are reacting to it.

7. You must get all of your pain medicine from us for the treatment of your chronic pain. If you have acute pain you can and should receive pain medicine for the acute pain from your dentist, surgeon, primary care provider, specialist or ER physician. Acute pain is caused by a new injury or surgery.

Check your understanding:

1. If I get a tooth pulled I can call Fireweed Health Care and you guys will call in something for the pain.
 True False

2. If I leave my medicine in the medicine cabinet at my house and someone steals it, I am responsible for the loss.
 True False

3. If I break my leg, the ER doctor can give me pain medicine for the acute pain.
 True False

4. If I am going to leave town for 10 days or won't be able to be reached by phone, I should inform Fireweed Health Care, in case they need to reach me for a pill count.
 True False

5. I can take the first dose of the new medicine today and then drive to work.
 True False

6. The new drug is causing strong side effects that scare me, but I have to keep taking the medicine until I hear back from Fireweed Health Care.
 True False

7. If I have an extreme flare-up of my back pain on a weekend, I can take some of those pills left over from my dental extraction last year because they were prescribed for me.
 True False

8. It is ok to take something extra for my chronic pain if it is prescribed by my primary care provider.
 True False

Please sign and print your first and last name in the space below to indicate you have read all of the above material, that you have personally answered each question, that all of your questions have been answered, and that you understand and agree to all of these policies.

Printed Name

Date

Patient Signature

Date

Provider Signature

Date